

Impact of Tushinde's Family Support Programme

20/7/2021

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Providing Family Support To Help Vulnerable Children Thrive

The Outcomes Star. www.outcomesstar.org.uk

The five-stage Journey of Change

In ten areas of parenting, the carer is asked to place themselves in the journey of change:

1. Physical health
2. Your well being
3. Meeting emotional needs
4. Keeping your children safe
5. Social networks
6. Education and learning
7. Boundaries and behaviour
8. Family routine
9. Home and money
10. Progress to work



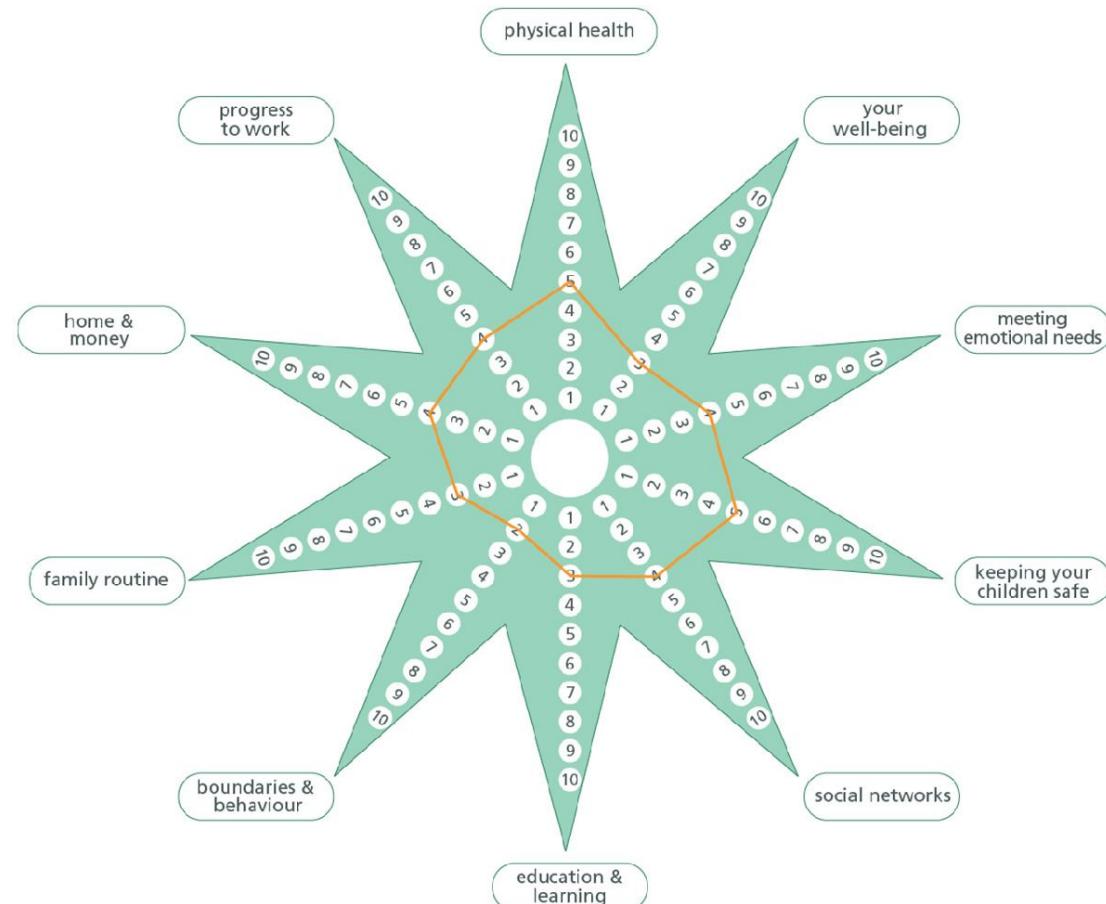
The Outcomes Star. www.outcomesstar.org.uk

A tool to help measure family strengthening and to work with the family to bring about change.

'The service user is seen as an active agent in their own life and a valuable source of expertise and knowledge rather than a passive sufferer of an affliction that the professional, with their expertise and knowledge, will cure.'

<https://www.outcomesstar.org.uk/about-the-star/what-is-the-outcomes-star/>

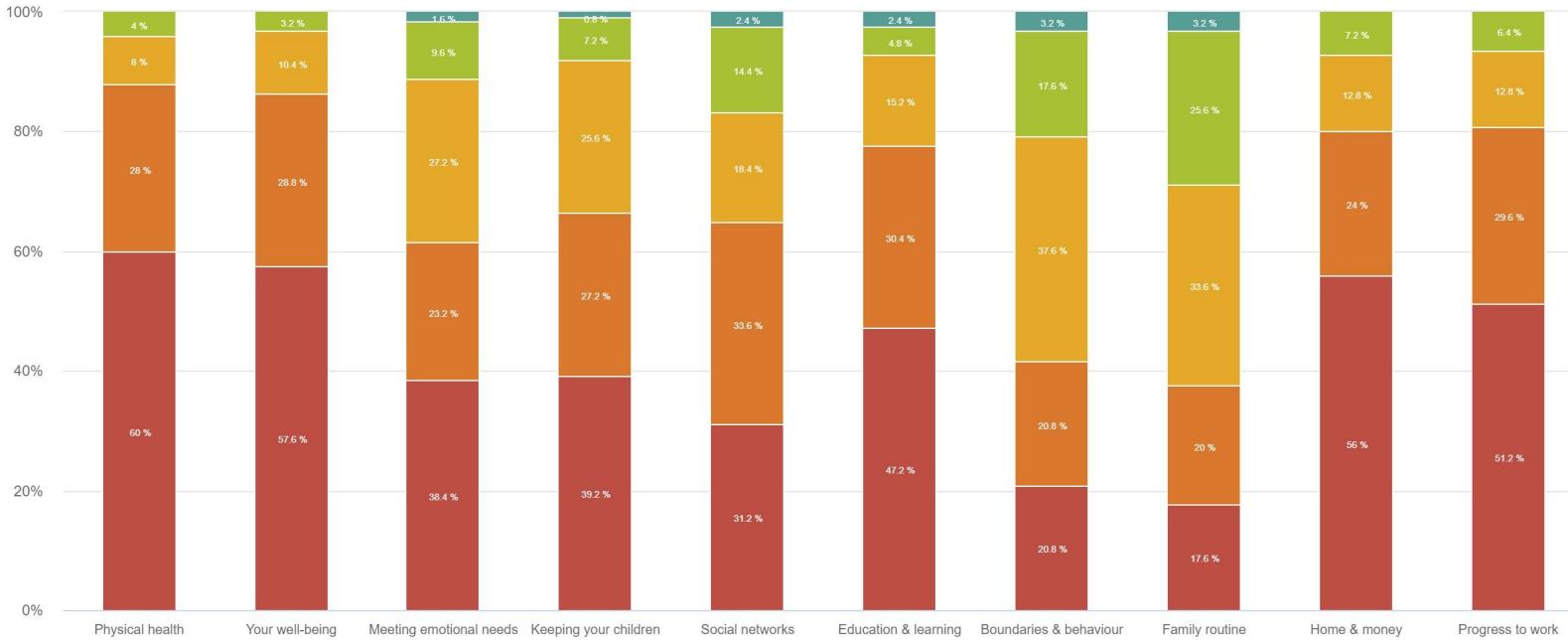
Tool is visual and users are asked to place themselves on the star



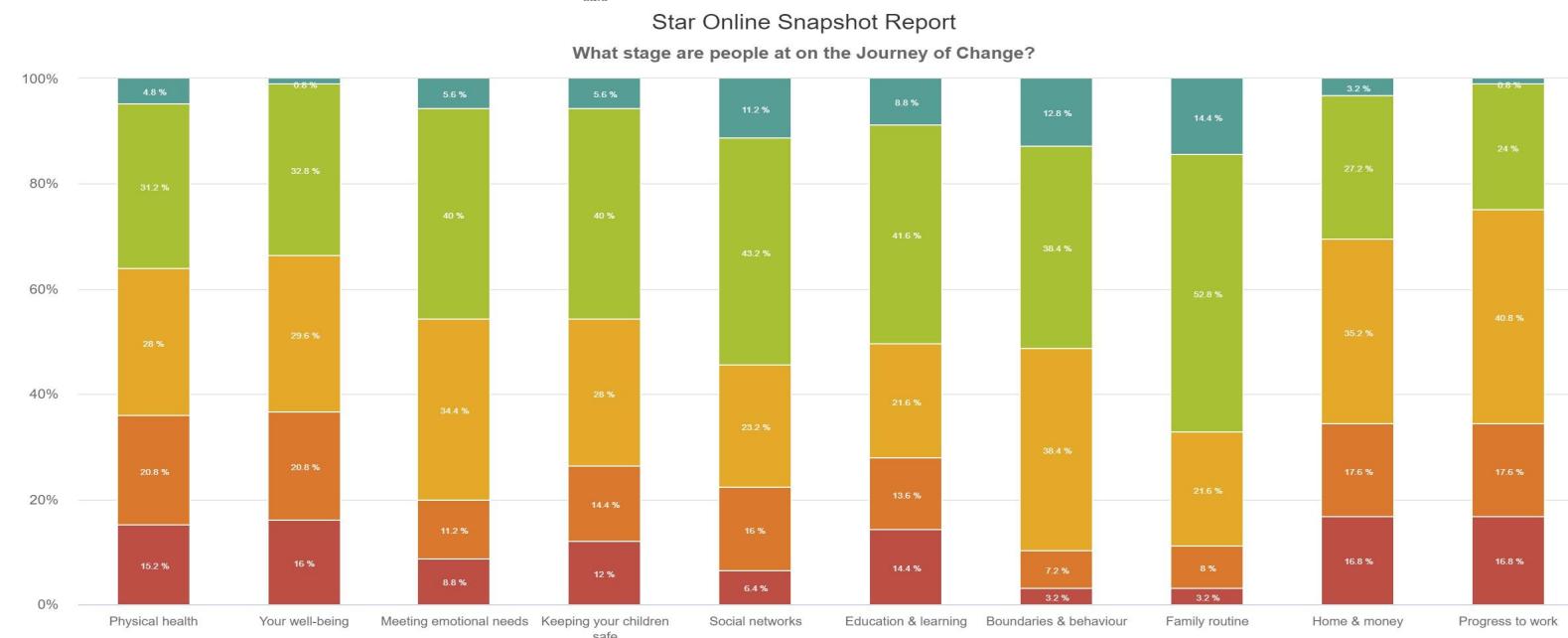
Star Online Snapshot Report

What stage are people at on the Journey of Change?

Earliest Star as of 20/7/21



Latest Star as of 20/7/21



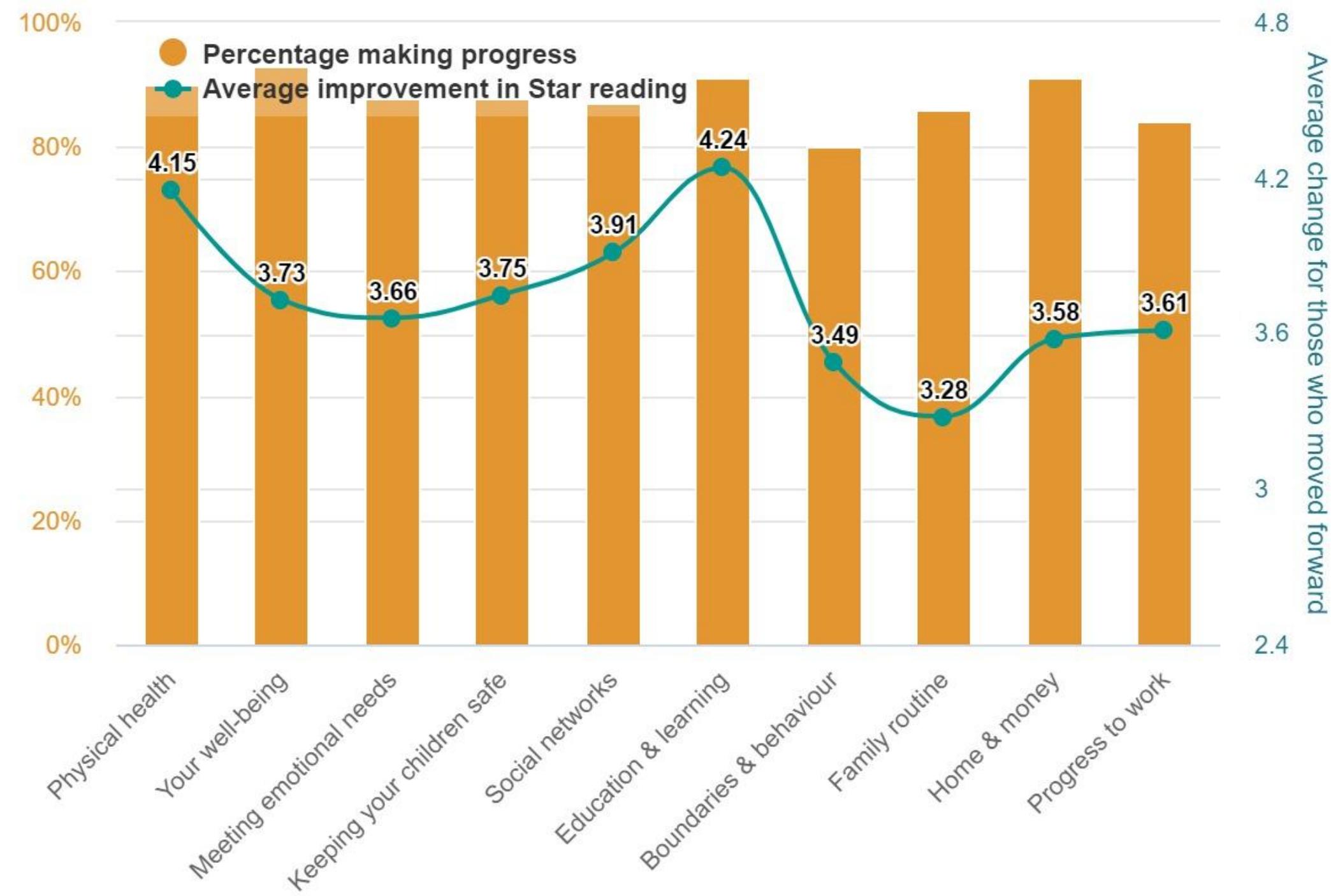
● Effective parenting ● Finding what works ● Trying ● Accepting help ● Stuck

Green is Good



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- The colored bar charts show the beneficiaries' stage based on their responses to Star assessments.
- Red = stuck; Orange = accepting help; Yellow = trying; Green = finding what works; Blue = effective parenting.
- The top chart is responses from 125 individuals during their earliest Stars (2018 and on).
 - Lots of red, orange and yellow
- The second chart shows aggregate responses from the clients most recent Stars.
 - Less red and orange and more green and blue.
- This colorful display shows the overall positive impact Tushinde's Family Support Programme has on beneficiaries related to key parenting domains.



Improvement
over time as of
20/7/21

Improvement Over Time

- This graph shows the average change over time in scores from the earliest Star assessment to the latest Star assessment for each of the 10 domains.
- The orange bars show the percent of clients who were making progress in that domain. The improvement was 80% or above for every domain.
- The green line and numbers show the average increase in scores for that domain. The greatest score increases were in education and learning and physical health with over 4 point average increase in scores.
- These data support that Tushinde's interventions are having a positive impact.



Family Star Plus Data Notes

- Started using Family Star in 2018
- Assesses 10 domains related to parenting
- Earliest Star entered
 - 125 Stars
- Latest star entered
 - 123 Stars
- Distance travelled = changes over time
- Domains with greatest improvement:
 - Education and Learning
 - Physical Health
 - Likely related to our interventions for schools and enrollment into the government health insurance scheme NHIF

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