



Job Description: Counsellor / Counselling Psychologist

Revised: 26th Jan 2021

Introduction:

Are you looking for a position with meaning? Want a job that has an impact? Consider Tushinde! We are searching for a counsellor to join our growing team of passionate and competent professionals working to support families and children in need.

Background:

Tushinde Children's Trust was founded in the UK in March 2010 and was registered as an NGO in Kenya in March 2011. Tushinde works with vulnerable families in the informal settlements of Mathare and Kiambiu with a main focus on providing them with access to education, health care and social support. Tushinde's counsellor will work alongside the social work team to provide individual and group counselling to our programme.

Tushinde is a child-focused employer and committed to child protection and the protection of vulnerable adults. All candidates will be screened prior to employment and every candidate, regardless of post applied for, will be expected to understand and adhere to the principles of child protection.

Summary:

Tushinde is recruiting an experienced counsellor / therapist to provide emotional support for our beneficiaries (individuals and groups) and to address crisis situations when no other mental health services are available and/or being provided.

The counsellor will provide immediate psychological and emotional care to individuals in significant distress to stabilize their condition, minimize potential trauma from an acute life event, and as appropriate, transition them to other mental health support as required. In addition, they will lead support group sessions for beneficiaries with HIV (adults and children).

Roles & Responsibilities:

- To provide psychosocial support to select individuals in need of specialized psychosocial support or mental health interventions.

- To provide specialist HIV counselling (individual and group)
- Participate in need assessments and project evaluations aiming at contributing to the development of the child protection programme strategy for the Tushinde community.
- To support the development of intervention criteria for the psychosocial cases and design appropriate technical responses to psychosocial and mental health cases.
- Provide training and supervision to the team (and community based structures) on the techniques and management of children, vulnerable adults and their families with basic psychosocial and mental health concerns.
- Conduct individual mental health assessments, document case notes, referrals, and interventions, prepare monthly activity reports, and contribute to funder reports, as needed.
- Under the supervision of the Programme Manager, and with assistance from the designated safeguarding lead on the board of trustees, the counsellor will coordinate with the Child Protection Officer a response to cases of children and vulnerable adults in need of psychosocial interventions.

The Tushinde Counsellor will provide:

- Individual counselling (adults and youth)
- Group counselling
- Training to staff and schools
- Supervision and reflective practice with team
- Liaison with partner organisations

Requirements:

- A minimum of a degree in Counselling Psychology or a similar field.
- A minimum of three years' experience in providing psychological support to clients in the following areas (not exclusive):
 - HIV Counselling
 - Drug and alcohol rehabilitation and support

- Abuse (incl GBV and child abuse)
- PTSD
- Underlying mental health conditions,, such as depression, anxiety, trauma and attachment disorders

Salary Range: 40,000 - 50,000 KES per month (gross), private health cover provided

How to apply:

Please send your CV and a cover letter to: info@tushinde.org.uk or visit our website and social media pages for more details. The cover letter must specify your interest in working at Tushinde Children's Trust and your relevant skills and experience for this position. Note: Generic cover letters or applications without cover letters will not be considered. Only shortlisted candidates will be contacted.